

Medication Assisted Treatment Program

Program Overview

Gateways Medication Assisted Treatment (MAT) is based on building a foundation of recovery and personal growth in an effective and confidential manner. Our medical and treatment team provide medication in combination with counseling, (outpatient and/or intensive outpatient) that comprehensively addresses all aspects of opioid dependence. Gateways utilizes Suboxone and Vivitrol as part of MAT services. New patients will be assessed for opioid dependency and will need a physical examination by a primary care physician (including recent lab results) to determine if the patient is appropriate for medication assisted treatment. Medication will not be prescribed without the patient being involved in treatment.

Intensive Outpatient

Intensive Outpatient consists of a minimum nine hours of group/individual therapy per week (three hours for three days). Gateways tailors all intensive outpatient treatment to the patient's specific needs. Each patient will receive a one-on-one session with their counselor to establish an individual treatment plan. This plan will guide the patient's treatment at Gateways.

Outpatient

Once patients successfully complete Intensive Outpatient, they will transition to Outpatient. Patients are expected to attend outpatient groups weekly and/or monthly. Patients will also meet with their therapist and physician for continued access to their medication. Based on their initial assessment, patients will be assigned to a level of programming.

Individual Counseling

Gateways Outpatient Counseling consists of one-on-one counseling sessions with a licensed/certified counselor. Counseling is individualized and addresses the patient's specific identified needs. The patient and counselor work together to schedule sessions.

Family Participation

Family members are expected to participate in treatment by attending sessions offered during Intensive Outpatient and Outpatient.

Payment

Gateways Medication Assisted Treatment is a self pay service; however, you may be able to use your insurance for some aspects of treatment. Gateways is currently In-Network with the following insurance providers: Anthem, Blue Cross/Blue Shield, United Healthcare/United Behavioral Health/United Medical Resources, Humana, Healthspan, Aetna, and Cigna. Those who are not covered by these companies may submit billing to their own insurance company for possible reimbursement as an Out-of-Network provider. Gateways also accepts Medicaid. Pricing and payment plans will be discussed at the time of assessment.

